

Shortcuts to Concentration

(courtesy of Shaykh Muhammad Al-Shareef)

1. Repeat what the mu'adhin says
2. Making dua between adhan and Iqamah
3. Make fresh wudu for Salah
4. Using siwak before Salah
5. Dressing in fine clothes for Salah
6. Move through Salah with tranquility
7. Pray as if you will die after this Salah
8. Think about the verses and dhikr you are reciting in Salah
9. Repeat verses for added contemplation
10. Interact with the verses, paradise: ask for it; and so on.
11. Memorize and use new passages of Qur'an
12. Memorize and use new and authentic dhikr in Salah
13. Pause at the end of each ayah
14. Recite in a beautiful voice
15. Realize that Allah responds to your recital of AlFatiha
16. Pray near to a sutrah
17. Maintain eyesight on your prostration location
18. Seek refuge and dry spit thrice if you lose concentration
19. Remember how the Prophet used to pray and pray like him
20. Remember: your reward is proportional to your concentration
21. Make dua in Sujood
22. Recite dhikr after prayer, patiently
23. Don't pray with food waiting to be eaten
24. Don't pray in a sleepy state. Take a nap and then pray.
25. Don't look around in prayer
26. Suppress your yawning during prayer
27. Don't stick to the same prayer place in the Masjid
28. Focus on each word separately in the Salah's Dhikr
29. Arrive early for Salah
30. Pray as soon as the time enters